

Before You Buy It checklist



Ask yourself these questions before you add an item to your cart, whether it's a virtual cart or a physical shopping basket

___ Do I NEED it in my life?

___ Do I have money in my budget for it or will I have buyer's remorse?

___ Do I already own it or something similar?

___ Do I even LIKE it?

___ Where will I put it if I buy it, do I have room for it?

___ Am I prepared to care for it, clean it, put it away?

___ Is it on my shopping list? Did I need it before I saw it?

___ What if I wait 24 hours to buy it? Put some space between wanting it and actually purchasing it. Notice if you still want it the next day.

___ Will owning it create more work for me?

